

Michigan Parkinson Foundation and
Parkinson's Network North present the
39th Annual Parkinson's Summer Forum

A Better Tomorrow

The Importance of Sleep

Thursday, May 22, 2025
The Hagerty Center
715 East Front Street
Traverse City, MI 49686

Featuring guest speakers:
Dr. Ross Coleman
Dr. Aaron Ellenbogen



Hello friends,

**A better tomorrow starts with
a good night's sleep today.**

Join us at the 39th Annual Parkinson's Summer Forum on Thursday, May 22nd. This year's program, led by keynote speaker Dr. Ross Coleman, focuses on the importance of sleep and on how Parkinson's disease can impact sleep quality. Dr. Aaron Ellenbogen will share new treatment interventions including new drug therapies and focused ultrasound. You'll also hear how you can become more involved in MPF and PNN programs and events happening near you.

Connect with others who, like you, are seeking reliable PD information and everyday living tips.

Please register soon! Capacity is limited.

The MPF and PNN Forum Partners
look forward to seeing you at this year's event.

Remembering Hettie Molvang



This year's Forum is dedicated in loving memory of Hettie Molvang, longtime leader for PNN and fearless advocate for the PD community.

See "Your schedule" for
Tribute to Hettie.

Local support group meetings

Grand Traverse County Parkinson's Network North Support Group

2nd Tuesday, 1 pm
Presbyterian Church
701 Westminster Rd.
Traverse City, MI 49686
Call Chris at 231-392-4216

Grand Traverse County Support Group—TC

1st Monday, 12 noon
Palomino Physical Therapy
2506 Crossing Cir Ste B
Traverse City, MI 49684
Contact Mario Palomino
at 417-293-6345 or
drmario@palominopt.com

Grand Traverse County Support Group— Williamsburg/Acme

1st Monday, 12 noon
Feast of Victory Lutheran Church
4400 Mount Hope Rd.
Williamsburg, MI 49690
Call Torrey Davenport
at 248-419-8002

Leelanau County Support Group

1st Thursday, 4:30 pm
Leland Twp. Public Library—
Munnecke Room
203 Cedar St., Leland, MI 49654
Call Torrey Davenport at
248-419-8002

Your schedule

MORNING SESSION

- 8:45** Registration,
Resource Fair, Coffee Bar
(Sponsor exhibits open)
- 10:00** Welcome
Kristin Rossi,
CEO, Michigan Parkinson Foundation
- 10:10** Old Towne Playhouse and PNN
Tribute to Hettie
- 10:20** Exercise demonstration:
Aubrey Jabour,
Morning Stretches
- 10:30** Featured Presentation:
Dr. Ross Coleman,
Sleep is the Best Medicine
- 11:20** Fresh fruit break
Please visit sponsor tables
- 11:50** Q&A for Dr. Coleman
- 12:00** Exercise demonstration:
Mario Palomino,
Dual Tasking with Scarves
- 12:10** Torrey Davenport
Northern Michigan Happenings

LUNCH BREAK

- 12:10** Buffet lunch served
(Assistance is available.)

AFTERNOON SESSION

- 1:15** Dr. Aaron Ellenbogen,
*Looking Ahead: A View of the
Pipeline in Parkinson's Disease*
- 1:45** Exercise demonstration:
Kaitlyn Malaski,
Blaze Pods
- 1:55** Program wrap-up
Torrey Davenport
- 2:00** Program concludes

Please complete the survey using the
QR code on the back of your table tent.

Featured presenter



R. Ross Coleman, MD

is a neurologist specializing in movement disorders. Dr. Coleman earned his medical degree from Vanderbilt University School of Medicine in Nashville, Tennessee, and completed his neurology residency at University of Michigan Health System in

Ann Arbor. He completed his movement disorders fellowship at University of California, San Francisco, and San Francisco Veterans Affairs Health Center. Dr. Coleman's clinical interests include Parkinson's disease, essential tremor and other tremor disorders, dystonia, evaluation for deep brain stimulation, botulinum toxin injection, ataxia, Huntington's disease, progressive supranuclear palsy, multiple system atrophy, corticobasal degeneration and other movement disorders.

Dr Coleman is the proud father of two girls, aged five and seven years. He enjoys running with his wife, biking with his kids, and traveling.

Your hosts at the Forum

Michigan Parkinson Foundation (MPF)

We work to empower and support individuals impacted by Parkinson's and related movement disorders along with their care partners, families and healthcare professionals across the following four pillars:

- Community
- Exercise
- Respite
- Education

Visit www.parkinsonsmi.org, or contact Torrey Davenport, Northern Michigan Programs Manager at 248-419-8002, tdavenport@parkinsonsmi.org

Parkinson's Network North (PNN)

- Support Group meetings every month
- Friendship and socialization
- Shared ideas for daily living
- Research and treatment updates
- Summer Forum and special events

Visit www.pnntc.org or email pnntcmi@gmail.com

At the podium

Dr. Aaron Ellenbogen

Dr. Ellenbogen is a movement disorders neurologist at Michigan Institute for Neurological Disorders (MIND) and has researched and published on Parkinson's disease, restless legs syndrome, essential tremor, and other conditions. He is an assistant professor of medicine at Oakland University William Beaumont School of Medicine. Additionally, he is an active member of the Parkinson's Study Group, Michael J. Fox Foundation Physician Advisory Community, Restless Legs Study Group, International Neurotoxin Association, and the Movement Disorders Society, among other groups. Dr. Ellenbogen is also the President of the Michigan Parkinson Foundation Board of Directors.

Dr. Torrey Davenport, PT, DPT

Northern Michigan Programs Manager, MPF

Torrey provides resources to our local PD community through facilitating support groups, hosting exercise classes, and planning educational and fundraising events. She also works part-time as a Physical Therapist at Fyzical Therapy and Balance Centers.

Dr. Aubrey Jabour, PT, DPT, CEAS

Northbound Physical Therapy and Wellness

Physical therapist Aubrey brings her personal wellness and training services to clients in their own home or group space, operating on a cash basis.

Dr. Mario Palomino, PT, DPT

Palomino Physical Therapy

Mario treats neurological and orthopedic conditions. He leads a Traverse City Support Group at his clinic for people with PD and their care partners.

Dr. Kaitlyn Malaski, PT, DPT, NCS

Mindset Physical Therapy

Kaitlyn specializes in neurological conditions including PD, vestibular disorders, stroke, and also in amputee mobility training. She enjoys helping patients to maximize function and enhance their quality of life.

At the Forum

- The Hagerty Center is wheelchair accessible.
- Come early and visit all the sponsor exhibits.
- Get answers about hot-topic Parkinson's medications from the professionals at our sponsor exhibits.
- Michigan Parkinson Foundation and Parkinson's Network North reps will be ready to share details of how we support our local PD community.



Registration 2025



- Register on-line, deadline is May 12.
- Or, register by mail with envelope post-marked by May 6.
Mail your form and check payable to:
Michigan Parkinson Foundation
30400 Telegraph Rd. Suite 150,
Bingham Farms, MI 48025

Need help registering?

Call Michigan Parkinson Foundation at 248-433-1011

Forum scholarships?

Call Chris Esper at 231-392-4216

Accommodations

Cambria Hotel, call 231-778-9000

Mention the Forum to receive a special rate!

Fee

\$25 per person, includes program and lunch

Capacity is limited at this year's Forum.

Please register early to ensure your place!

Participant's name #1 (Please print)

Address

City, State, Zip

Email

Phone

Participant's name #2 (Please print)

Address

City, State, Zip

Email

Phone

Participant's name #3 (Please print)

Address

City, State, Zip

Email

Phone



Amount of check enclosed:

Number of attendees x \$25 = amount due

Gratitude

We thank all our 2025 sponsors* for helping make this year's Forum possible!

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