



**Parkinson's Network North**

Serving Northern Michigan

[www.pnntc.org](http://www.pnntc.org)

**36<sup>th</sup> Annual Parkinson's Summer Forum**  
**Thursday, May 26, 2022**

# **Parkinson's Disease: Medications & Movement**

This event takes place live at  
**NMC Hagerty Center, 715 E. Front Street**  
**Traverse City, Michigan 49686**



**Featured presenters:**

**Kara Wyant, MD &**

**Andrew S. Cole, MD, MS**

# The Parkinson's Forum is back!

This friendly, motivational event brings together national, regional and local experts whose mission is to educate Persons with Parkinson's and their care partners to make informed decisions about medications and daily patterns of movement for living their best life.

Join us and discover new medication and movement options from our featured speakers and our 35 specially selected exhibitors. Explore the opportunities! Build new friendships through discussions with people experiencing similar life challenges. Find out how they approach each day and set new personal goals.

We look forward to seeing you at the Forum!

## The PNN Education Committee

Margo Ammons  
Chris Esper  
Margy Goss  
Kara Koeplin  
Hettie Molvang  
Ann Parker  
Patricia Storrer  
Cheryl Wheeler



## Support groups

**Parkinson's Network North includes the following support groups:**

Traverse City Daytime	2 <sup>nd</sup> Thursday	1 pm
Traverse City Evening	1 <sup>st</sup> Tuesday	6 pm
Leelanau/Suttons Bay	3 <sup>rd</sup> Thursday	2 pm

Call Hettie Molvang      231-947-7389

[www.pnntc.org](http://www.pnntc.org) or  
[www.ParkinsonsNetworkNorth.org](http://www.ParkinsonsNetworkNorth.org)

Parkinson's Network North is a 501-c3 organization.

## Featured presenters



### **Kara Wyant, MD**

Dr. Wyant is Clinical Assistant Professor of Neurology at the University of Michigan, where she completed her Movement Disorders Fellowship training. She is dedicated to advancing the care of patients with Parkinson's Disease (PD) through research, education, and improving access to specialty care. She participates in clinical PD research trials, is a member of the Michigan Parkinson Foundation Professional Advisory Board, and works with MyMichigan Health to expand access to movement disorder care to a larger geographical area. Dr. Wyant is delighted to speak about how careful PD medication management can improve your quality of life!



### **Andrew S. Cole, MD, MS**

Dr. Cole specializes in Neuro-rehabilitation for conditions that include Parkinson's Disease and brain injury. With a Master's degree in Exercise Science, he completed his medical school training and residency at the University of Utah. He is now Vice Chief of Staff at Kalkaska Memorial Health Center after previously serving at the (Montana) Kalispell Regional Medical Center as Department Chair for Medicine, and more recently, as Medical Director of Access for the Mary Free Bed Rehabilitation Unit at Munson Healthcare. Board-certified by the American Academy of Physical Medicine and Rehabilitation, physiatrist Dr. Cole has a deep empathy for the needs of his patients.

## Your schedule

### Morning session

- 8:30 Registration & Resource Fair  
(Visit the Exhibitors)
- 9:30 Welcome & Introductions:  
Chris Esper,  
PNN Education Committee  
Richard Lewis,  
Mayor of Traverse City
- 9:40 Kristin Rossi, CEO,  
Michigan Parkinson Foundation –  
“MPF Updates”
- 9:55 Featured Presentation:  
Kara Wyant, MD, U of M Health,  
Ann Arbor – “Managing Medication for Better Health Outcomes”
- 10:50 Resource Fair  
(Visit the Exhibitors)
- 11:20 Questions for Dr. Wyant
- 11:40 Lunch is Served  
(Resource Fair remains open through lunch)

### Afternoon session

- 12:40 Featured Presentation: Andrew Cole, MD, Physical Medicine & Rehab Specialist, Kalkaska Memorial Health Center –  
“The Importance of Movement with Parkinson’s Syndrome”
- 1:20 Questions for Dr. Cole
- 1:45 Olivia McCrillis and Company,  
Move and Shout!
- 2:00 Break
- 2:15 Special Session: Be on. Live life! –  
“Managing Off Episodes with Apokyn” offered by Supernus

## At the podium

**Chris Esper, MA** (Educational Administration) is a ten-year member of the all-volunteer PNN Education Committee. She establishes and maintains PNN business connections. With her many years as a Public Speaking instructor, “recovering educator” Chris has long been an effective and popular MC at our Summer Forum.

**Olivia McCrillis, PTA** (Physical Therapist Assistant), **LVST BIG**, leads high-energy “*Move and Shout*” classes that integrate cognitive challenges with vocal components geared toward such conditions as Parkinson’s, Dementia and Alzheimer’s.

**Olivia’s Company** is audience participation at its fun and high-energy best. Come and see!

## Brochure sponsors

We thank the local neurologists who helped fund this brochure’s production:

- Erica Austin, DO
- Bradley Evans, MD
- Craig Kuesel, DO
- Heather Lee, DO
- Cornelius Robens, MD
- Glen Ackerman, MD & Kersti Bruining, MD – Munson Neurohospitalist Program

## At the Forum

- The Hagerty Center is wheelchair accessible.
- An RN will be in attendance throughout the day.
- Assistive hearing devices will be available for check out, at the Forum’s registration table.

## Remembering Maxine Meach



Finding no local Parkinson’s support when her husband was diagnosed with PD, Maxine founded what is now Parkinson’s Network North. Maxine lived by her creed, “If you live in a community, you need to give back to that community; do something to make it better”. Working with PD support and other charities was her way of giving back. Maxine lived her life with dignity and a passion to get things done.



# Registration

**Register on-line, deadline is May 17**

- Online credit card payment:  
<https://events.bytepro.net/pnn-forum>

**Or, by mail, post-marked on or before May 10**

- Mail your form and check payable to PNN to:  
Parkinson's Summer Forum  
P.O. Box 5734, Traverse City, MI 49696-5734

\*Note: mail delivery takes longer these days.

**Questions? Forum scholarships?**

Call Chris at 231-392-4216

## Accommodations

Bayshore Resort [www.bayshore-resort.com](http://www.bayshore-resort.com)  
Tel. 1-800-634-4401

Mention the Forum to receive a special rate!

## Fee

\$25 per person, includes program and lunch

***Capacity is limited at this year's Forum.***

***Please register early to ensure your place!***

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Name (Please print)

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**Amount of check enclosed:**

Number of attendees x \$25 = amount due



## Educational sponsor



## Corporate sponsors

abbvie



## Corporate supporters

Boston Scientific

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Grand Traverse Pavilions

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The Lighthouse Neurological  
Rehabilitation Center

Monarch Home  
Health Services

## Exhibitors

Acorda

Jordan Balkema  
Elder Law Center

Alliance for  
Senior Housing

Kalkaska Memorial  
Health Center

Area Agency on Aging  
of Northwest Michigan

Leelanau County  
Senior Services

Balanced Home  
Therapy Solutions

Michigan Parkinson  
Foundation

BrightStar Care of  
Northern Michigan

Munson Healthcare  
Home Health

Catholic Human Services

Munson Medical Center,  
Pharmacy

Disability Network

Orchard Creek Senior  
Living and Health Care

GE Healthcare

Parkinson's Network North

Grand Traverse County  
Commission on Aging

Reynolds-Jonkhoff  
Funeral Home

Grand Traverse County  
Dept. of Veterans Affairs

Health on the Move

TADL Talking Book Library

**Parkinson's Network North**

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Parkinson's Network North provides encouragement and companionship, relevant information, and advocacy for the Northern Michigan Parkinson's community.

[www.pnntc.org](http://www.pnntc.org)