34th Annual Parkinson's Summer Forum

A Team Approach

Thursday, May 30, 2019
NMC Hagerty Center
715 E. Front Street, Traverse City, MI

Featured Speakers
R. Ross Coleman, MD
Graham Atkin, PhD
We invite you to join us!

“A Team Approach” offers you the opportunity to learn how an interdisciplinary approach can benefit your healthcare. With Parkinson’s symptoms not fitting a “one size fits all” mold, it is becoming evident that an approach that is customized and interdisciplinary can be a more effective support for your Parkinson’s journey. Think Team!

Join us for a whole day of the latest research, products and services for your best life! We look forward to seeing you!

The PNN Education Committee

Support groups

Parkinson’s Network North includes the following support groups:

<table>
<thead>
<tr>
<th>Location</th>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Traverse City Day</td>
<td>4th Wednesday</td>
<td>10:00 am</td>
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<tr>
<td>Traverse City Evening</td>
<td>1st Tuesday</td>
<td>6:00 pm</td>
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<tr>
<td>Leelanau/Suttons Bay</td>
<td>3rd Thursday</td>
<td>2:00 pm</td>
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<tr>
<td>Frankfort</td>
<td>3rd Thursday</td>
<td>2:00 pm</td>
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Call Hettie Molvang 231-947-7389 or Maxine Meach 231-947-1946

www.ParkinsonsNetworkNorth.org or www.pnntc.org

Parkinson’s Network North is a 501-c3 organization.
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Exhibitors

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Alliance for Senior Housing
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Bright Star Care
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Compassionate Care Home Health Services
Disability Network
Fyzical Therapy & Balance Centers
GT County Dept of Veterans Affairs
Heartland Hospice
Henry Ford Hospital Movement Disorders
Holli Care
Kalkaska Memorial Health Center
Leelanau County Senior Services

Medtronic
Michael J. Fox Foundation
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Munson Pharmacies
Northern Healthcare Management
Northwest Michigan Health Services
Orchard Creek Health Care
Parkinson’s Network North
Reynolds Jonkhoff Funeral Home
Ryssø and Wingfield
Senior Center Network
TADL Talking Books
UM Functional Neuroimaging, Cognitive & Mobility Lab
Guest speakers

R. Ross Coleman, MD
Dr. Coleman, MD, is a neurologist specializing in movement disorders. He earned his medical degree from Vanderbilt University School of Medicine in Nashville, Tennessee, and completed his neurology residency at University of Michigan Health System in Ann Arbor. Dr. Coleman completed his movement disorders fellowship at University of California, San Francisco, and San Francisco Veterans Affairs Health Center. Dr. Coleman’s clinical interests include Parkinson’s disease, essential tremor and other tremor disorders, dystonia, evaluation for deep brain stimulation, botulinum toxin injection, ataxia, Huntington’s disease, progressive supranuclear palsy, multiple system atrophy, corticobasal degeneration and other movement disorders.

Graham Atkin, PhD
Dr. Atkin is a professor at Michigan State University, where he teaches about the brain and nervous system to both the College of Osteopathic Medicine and the College of Human Medicine. His research background includes the study of gene therapy while earning his undergraduate degree at the University of Michigan and his first master’s degree at NYU. For his second master’s and doctoral research, Dr. Atkin returned to the University of Michigan to study Alzheimer’s disease. He went on to complete a postdoctoral study of Parkinson’s disease. He serves as part of the Michigan Dementia Coalition, writes and reviews exams for the National Board of Osteopathic Medical Examiners, and maintains educational outreach programs with patient support groups.
Your schedule

**Morning session**

8:15  Registration & Resource Fair (Visit the Exhibitors)
9:15  Welcome & Introductions
9:30  Lauren Paglisotti, Michael J. Fox Foundation – “Research Pathways for Parkinson’s Disease”
9:40  Featured Presentation: R. Ross Coleman, MD, Spectrum Health, Grand Rapids – “How Do I Get the Care I Need?”
10:30 Resource Fair (Visit the Exhibitors)
11:05 Questions for Dr. Coleman
11:20 Mary Ellen Brown, Care-partner – “Travel Tips for Persons with Parkinson’s”
11:50 Lunch is served

**Afternoon session**

12:50 Stretch to the Music
1:00  Featured Presentation: Graham Atkin, PhD, Div. of Human Anatomy, MSU – “More Than Feeling Blue: Understanding Anxiety and Depression in Parkinson’s Disease”
1:45  Questions for Dr. Atkin
2:00  “Ask the Team”
     Join our panel of experts for an interactive discussion.
3:00  Program concludes
Our panel

April Missias, MA, is the moderator of today’s panel and is the Director of Leelanau County Senior Services.

Kersti Bruining, MD, is a neurohospitalist at Munson Medical Center and a member of the PNN Board.

Andrew Cole, MD, is a Physical Medicine and Rehabilitation Specialist in Traverse City. He is employed by Mary Free Bed Rehabilitation Hospital and practices out of Neuromuscular & Rehabilitation Associates in Traverse City.

Laura Meldrum, RN and care-partner, is a retired registered nurse with 36 years of full-time experience. She is a support group facilitator and offers help for care-partners of those with Parkinson’s.

Ann Parker, PT, is a Physical Therapist at Grand Traverse Pavilions and a Tai Chi Instructor at Yoga Health Education.

Good to know

● “Team up” with our Parkinson’s Support Groups at the PNN table in the conference room.

● Assistive hearing devices will be available for check out, at the Forum’s registration table.

● Get up-to-date information from the Michael J. Fox Foundation and Van Andel Institute exhibits.

● Free blood pressure checks will be available at the Kalkaska Memorial Health Center exhibit.

● Information about dental outreach services will be provided at the NW MI Health Services exhibit.

● Hagerty Center is wheelchair accessible.

Thanks

We thank those who helped fund the production of this brochure:

● Erica Austin, DO
● Bradley Evans, MD
● Craig Kuesel, DO
● Heather Lee, DO
● Cornelius Robens, MD
● Dr. Kersti Bruining and Dr. Glen Ackerman, Munson Neurohospitalist Program
Registration

For information and availability of scholarships
Contact Maxine Meach
Tel. 231-947-1946, Email: mmeach88@gmail.com

Accommodations
Bayshore Resort www.bayshore-resort.com
Tel. 1-800-634-4401
Mention the Forum to receive a special rate!

Register on-line, on or before May 22, 2019
• Online credit card payment:
  https://events.bytepro.net/pnn-forum

Or, by mail, post-marked on or before May 20, 2019
• Mail form and check payable to PNN to:
  Parkinson’s Summer Forum
  P.O. Box 5734, Traverse City, MI 49696-5734

Fee
$30 per person, includes program and lunch
(Special diet available upon request)

Name (Please print)
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Amount of check enclosed:
Number of attendees x $30 each = amount due
The Parkinson's Support Groups will empower individuals and families to meet the challenges of living with Parkinson's Disease, through sharing of information, education, personal support, and advocacy for a cure.