



Parkinson's Network North
Serving Northern Michigan

34th Annual

Parkinson's Summer Forum

A Team Approach

Thursday, May 30, 2019

NMC Hagerty Center

715 E. Front Street, Traverse City, MI

Featured Speakers

R. Ross Coleman, MD

Graham Atkin, PhD



We invite you to join us!

“A *Team Approach*” offers you the opportunity to learn how an interdisciplinary approach can benefit your healthcare. With Parkinson’s symptoms not fitting a “one size fits all” mold, it is becoming evident that an approach that is customized and interdisciplinary can be a more effective support for your Parkinson’s journey. Think *Team!*

Join us for a whole day of the latest research, products and services for your best life! We look forward to seeing you!

The PNN Education Committee

Support groups

Parkinson’s Network North includes the following support groups:

Traverse City Day	4 th Wednesday	10:00 am
Traverse City Evening	1 st Tuesday	6:00 pm
Leelanau/Suttons Bay	3 rd Thursday	2:00 pm
Frankfort	3 rd Thursday	2:00 pm

Call Hettie Molvang 231-947-7389 or
Maxine Meach 231-947-1946

www.ParkinsonsNetworkNorth.org or
www.pnntc.org

Parkinson’s Network North is a 501-c3 organization.

Our sponsors



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Parkinson's Network North

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Ryso and Wingfield

Henry Ford Hospital
Movement Disorders

Senior Center Network

Holli Care

TADL Talking Books

Kalkaska Memorial
Health Center

UM Functional
Neuroimaging,
Cognitive & Mobility Lab

Leelanau County
Senior Services

Guest speakers



R. Ross Coleman, MD

Dr. Coleman, MD, is a neurologist specializing in movement disorders. He earned his medical degree from Vanderbilt University School of Medicine in Nashville, Tennessee, and completed his neurology residency at University of Michigan Health System in Ann Arbor. Dr. Coleman completed his movement disorders fellowship at University of California, San Francisco, and San Francisco Veterans Affairs Health Center. Dr. Coleman's clinical interests include Parkinson's disease, essential tremor and other tremor disorders, dystonia, evaluation for deep brain stimulation, botulinum toxin injection, ataxia, Huntington's disease, progressive supranuclear palsy, multiple system atrophy, corticobasal degeneration and other movement disorders.



Graham Atkin, PhD

Dr. Atkin is a professor at Michigan State University, where he teaches about the brain and nervous system to both the College of Osteopathic Medicine and the College of Human Medicine. His research background includes the study of gene therapy while earning his undergraduate degree at the University of Michigan and his first master's degree at NYU. For his second master's and doctoral research, Dr. Atkin returned to the University of Michigan to study Alzheimer's disease. He went on to complete a postdoctoral study of Parkinson's disease. He serves as part of the Michigan Dementia Coalition, writes and reviews exams for the National Board of Osteopathic Medical Examiners, and maintains educational outreach programs with patient support groups.

Your schedule

Morning session

- 8:15 Registration & Resource Fair
(Visit the Exhibitors)
- 9:15 Welcome & Introductions
- 9:30 Lauren Paglisotti,
Michael J. Fox Foundation –
*“Research Pathways for
Parkinson’s Disease”*
- 9:40 Featured Presentation:
R. Ross Coleman, MD,
Spectrum Health, Grand
Rapids –
“How Do I Get the Care I Need?”
- 10:30 Resource Fair
(Visit the Exhibitors)
- 11:05 Questions for Dr. Coleman
- 11:20 Mary Ellen Brown,
Care-partner –
*“Travel Tips for Persons
with Parkinson’s”*
- 11:50 Lunch is served

Afternoon session

- 12:50 Stretch to the Music
- 1:00 Featured Presentation:
Graham Atkin, PhD, Div. of
Human Anatomy, MSU –
*“More Than Feeling Blue:
Understanding Anxiety
and Depression in
Parkinson’s Disease”*
- 1:45 Questions for Dr. Atkin
- 2:00 *“Ask the Team”*
Join our panel of experts
for an interactive discussion.
- 3:00 Program concludes

Our panel

April Missias, MA, is the moderator of today's panel and is the Director of Leelanau County Senior Services.

Kersti Bruining, MD, is a neurohospitalist at Munson Medical Center and a member of the PNN Board.

Andrew Cole, MD, is a Physical Medicine and Rehabilitation Specialist in Traverse City. He is employed by Mary Free Bed Rehabilitation Hospital and practices out of Neuromuscular & Rehabilitation Associates in Traverse City.

Laura Meldrum, RN and care-partner, is a retired registered nurse with 36 years of full-time experience. She is a support group facilitator and offers help for care-partners of those with Parkinson's.

Ann Parker, PT, is a Physical Therapist at Grand Traverse Pavilions and a Tai Chi Instructor at Yoga Health Education.

Good to know

- "Team up" with our **Parkinson's Support Groups** at the **PNN** table in the conference room.
- Assistive hearing devices will be available for check out, at the Forum's registration table.
- Get up-to-date information from the **Michael J. Fox Foundation** and **Van Andel Institute** exhibits.
- Free blood pressure checks will be available at the **Kalkaska Memorial Health Center** exhibit.
- Information about dental outreach services will be provided at the **NW MI Health Services** exhibit.
- Hagerty Center is wheelchair accessible.

Thanks

We thank those who helped fund the production of this brochure:

- Erica Austin, DO
- Bradley Evans, MD
- Craig Kuesel, DO
- Heather Lee, DO
- Cornelius Robens, MD
- Dr. Kersti Bruining and Dr. Glen Ackerman, Munson Neurohospitalist Program



Registration

For information and availability of scholarships

Contact Maxine Meach

Tel. 231-947-1946, Email: mmeach88@gmail.com

Accommodations

Bayshore Resort www.bayshore-resort.com

Tel. 1-800-634-4401

Mention the Forum to receive a special rate!

Register on-line, on or before May 22, 2019

- Online credit card payment:

<https://events.bytepro.net/pnn-forum>

Or, by mail, post-marked on or before May 20, 2019

- Mail form and check payable to PNN to:

Parkinson's Summer Forum

P.O. Box 5734, Traverse City, MI 49696-5734

Fee

\$30 per person, includes program and lunch

(Special diet available upon request)

Name (Please print)

Address

City, State, Zip

Email

Phone

Name (Please print)

Address

City, State, Zip

Email

Phone

Name (Please print)

Address

City, State, Zip

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Amount of check enclosed:

Number of attendees x \$30 each = amount due



Parkinson's Network North

P.O. Box 5734, Traverse City, MI 49696-5734
www.ParkinsonsNetworkNorth.org

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*The Parkinson's Support Groups will empower individuals
and families to meet the challenges of living with
Parkinson's Disease, through sharing of information,
education, personal support, and advocacy for a cure.*